



Texas Club of Internists
2012
Fall
Clinical
Meeting



Oct. 13-17, 2012

Westin Times Square
New York City, New York



Jointly sponsored by Cornell University
and the Texas Club of Internists



PRESIDENT'S MESSAGE

"Start spreading the news..."

After more than a twenty year hiatus, the Texas Club of Internists is returning to the Big Apple. We've been working hard for over a year to help make this trip one of the best ever, starting with our hotel—the fun & chic Westin Times Square. Located right in the heart of all the action, the Westin will provide elegant loft-inspired rooms for your comfort, and a first class meeting and gathering place.

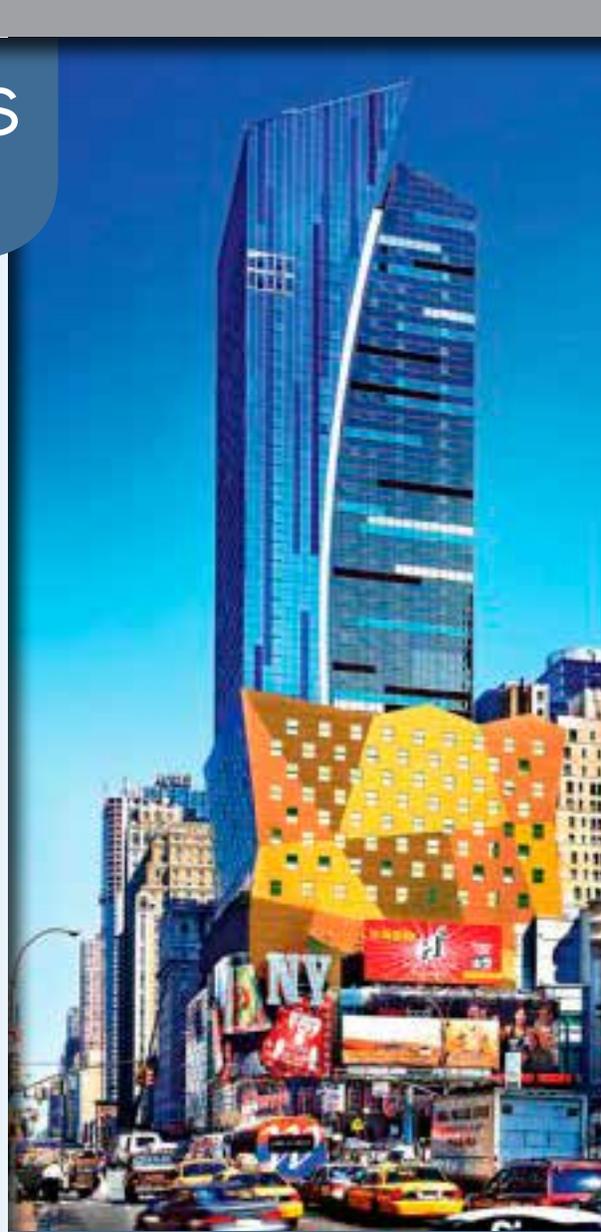
Our Sunday group trip will feature a drive up the Hudson River through beautiful fall foliage, ending with a tour of the US Military Academy at West Point. Club members can enjoy all the history and beauty of this scenic spot, and we will have lunch at the venerable Thayer Hotel. A stop at Lyndhurst Castle on the banks of the Hudson will top off a gorgeous fall day together.

We are proud to have top-notch CME provided by Cornell School of Medicine, featuring their leading experts in topical areas. Spouses will enjoy a combination of the best of Uptown and Downtown New York, including a guided tour of the Museum of Modern Art, amazing astronomy presentation at the Hayden Planetarium, a look at historic Old New York, and plenty of free time to explore "the city that never sleeps" on your own. We are excited that Tuesday afternoon has been set aside for all club members to enjoy a lunch with scenic harbor views at the Battery Gardens, followed by a visit to the recently completed 9/11 Memorial. This is certain to be a moving and memorable afternoon.

Wednesday will feature an optional behind-the-scenes tour of the city's famous fashion district, opportunity for strolling the heart of Manhattan and Rockefeller Center on your own, or an afternoon Broadway matinee. The expert concierges at the Westin are always available to assist with dining, theater tickets, harbor tours, and many other options. And finally, because this club has a well-earned reputation for being dancers extraordinaire, our dinner dance will be highlighted by the "Only in America" band, featuring Henry Haid—keyboard virtuoso who portrayed Billy Joel on Broadway for over two years in the Twyla Tharp musical, "Movin' Out"! Henry and the band are sure to have us all in a "New York state of mind" to wind up a wonderful week.

Make your plans early to get your pick of the club rooms at the Westin—These special rooms will be located on high floors around an atrium that has been designated for our use.

We are looking forward to enjoying time in NYC with all of our old friends, and welcoming new members to the Texas Club of Internists as well. See you in New York!



WESTIN TIMES SQUARE

Attractions Within Walking Distance:

- Broadway Theatre District.....0.1 mile
- Fifth Avenue Shopping..... 0.2 mile
- Grand Central Station.....0.3 mile
- Chrysler Building.....0.4 mile
- Penn Station.....0.5 mile
- Madison Square Garden.....0.5 mile
- Radio City Music Hall.....0.6 mile
- David Letterman Show.....0.7 mile
- Empire State Building..... 0.7 mile
- St. Patrick's Cathedral..... 0.8 mile
- Carnegie Hall..... 1.0 mile
- Lincoln Center.....2.0 mile
- Greenwich Village.....2.0 mile
- Central Park.....2.0 mile
- Museum of Modern Art.....2.6 mile
- Metropolitan Museum of Art.....3.0 mile

AIRPORTS

New York City has three dynamic airports, each consisting of many terminals: LaGuardia, Newark and John F. Kennedy. Transportation from LGA is usually sixty minutes to Manhattan with JFK/EWR at ninety minutes to two hours depending on the time of day and traffic conditions.

HOTEL INFORMATION

Westin Times Square

270 West 43rd Street
New York, NY 10036

Reservation Centers

Toll Free Telephone: 1-866-837-4183

Room Rates

Westin Traditional King Room: \$349/night
Westin Premium Deluxe Room: \$389/night
Westin Atrium Club Level Room: \$399/night

Be sure to mention that you are with the Texas Club of Internists when making your reservations. The cut-off date for making reservations at the Westin Times Square is 5:00 p.m. on September 7, 2012.

IMPORTANT: If you have a hotel reservation at the Westin and you end up not being able to make it to NYC, please call Laura Madole at (512) 370-1553 to let her know before cancelling your room reservation. Laura can hold onto your room and give it to a member that might not be able to get into the hotel. [Rooms will be available under the TCI block until September 7, 2012 OR until the block is sold out, whichever comes first.]

Check In/Out Times:

Check-in: 3:00 p.m. • Check-out: 12:00 p.m.

The hotel's ideal central location showcases spectacular views and puts you within steps of over 40 Broadway theatres, some of the finest businesses, world famous shopping, famed restaurant row, Times Square, and exciting entertainment venues.

Amenities and Accommodations

All of our accommodations offer you serene space for respite and relaxation, with the following amenities:

- Plush Heavenly Beds®

Awake recharged and reenergized amid the untold comfort of Westin's Heavenly Bed. Sink deep into its pillow-topped luxury, enhanced with soft 250-thread count sheets, five unimaginably comfortable pillows, and a warm down blanket in a pure white duvet.

- Westin's invigorating Heavenly Bath®

Revitalize in our therapeutic spa shower with two chrome shower heads, each with five adjustable jets and a choice of spray options. Luxurious bath products and oversized Brazilian combed cotton bath towels round out this indulgent sensory experience.

- Dual-line phones, including one cordless phone
- 32" Flat Screen HD TVs
- iHome clock radio with iPod docking station
- Individual climate control
- All rooms non-smoking
- Hair dryer and deluxe grooming amenities
- Coffee maker
- In-room refrigerated refreshment center
- In-room, laptop-sized safe

Restaurants and Bars in Westin

The Westin New York at Times Square anticipates your every need – especially your taste for delicious dining.

- **Shula's Steak House**, regarded among the finest steak houses in America, makes every meal a memorable experience. This world-famous restaurant serves Premium Black Angus Beef, fresh seafood and live Maine lobsters, among many healthy and savory dishes.
- **Bar 10**, a chic lounge and a great place to unwind at the end of the day. Its hip, welcoming ambiance beckons you to decompress with cocktails, conversation and light fare. The bar is open from 5:00 pm until 12:30 am daily.

OVERFLOW HOTEL – The Marriott Marquis

The Westin Times Square has a limited number of contracted rooms left at the TCI rate. We have set up an overflow block for the group at the Marriott Marquis Hotel.

Marriott Marquis Hotel • 1535 Broadway • New York, NY 10036
Rate: \$349.00 plus taxes • Phone Number: 1-800-228-9290 or 212-398-1900
Deadline: Aug. 31, 2012 or until block is full.





NEW YORK CITY FACTS

- The English conquered the city from the Dutch in 1664, and "New Amsterdam" became "New York."
- New York City was briefly the US capital from 1789 to 1790 and was the site of the inauguration of George Washington as President on April 30, 1789.
- New York City is not only the largest city in the United States, but is made up of five separate boroughs: Brooklyn, the Bronx, Queens, Staten Island, and Manhattan.
- New York City is now the most populated city in the USA with more than 8.2 million people (more than 26,000 people live in each square mile).
- Since 2005, New York City has the lowest crime rate of the 25 largest US cities, and one of the safest cities in the US overall.
- More than 47 percent of New York City's residents over the age of 5 speak a language other than English at home.
- The New York subway system is the largest mass transit system in the world with 468 stations and 842 miles of track.
- An average of 4.9 million people ride the New York City subway each workday.
- The musicians who perform in the NYC subway system have to go through a competitive audition process – some of the subway musicians have also played at Carnegie Hall.
- New York City is home to more than 80 museums, which range from top art and history centers to interesting destinations and quirky funhouses.
- The Metropolitan Museum of Art ("The Met") contains over 2 million works, making it one of the largest art museums in the world.
- More than 18,600 restaurants and eating establishments do business in New York City.
- New York City has 4000 street food vendors including hot dogs, pretzels, falafel, kebobs, and more.
- The average temperature of New York City's pavement on a hot summer day is 150 degrees.
- The Brooklyn Children's Museum was the world's first museum exclusively for children.



SOCIAL & SPOUSE ACTIVITIES

[Saturday, October 13, 2012](#)

See Who's Here Reception

Cost: \$0 for member and 1 guest
\$40/additional guests

Come join your fellow TCI members and spouses for a beautiful See Who's Here Reception that will take place in the New York Atrium (9th floor) at the Westin Times Square. The atrium at the Westin Times Square offers incredible views of downtown NYC.

[Sunday, October 14, 2012](#)

Hudson Valley Tour, West Point, Lunch and Lyndhurst Castle Tour

Time: 8:00 a.m. – 5:00 p.m.
Cost: \$205/person
Limit: 150 ppl

Price includes deluxe motor coach, guided tours, West Point admission, West Point tours, lunch at the Thayer Hotel, Lyndhurst Castle tour admission

Come join the members and spouses for an exciting Sunday tour at this year's fall meeting. The group will leave the hotel and take a scenic drive up the Hudson River. At this time of year the fall foliage is destined to be breathtaking. The bus tour guides will give thrilling accounts of New York history and fun facts as the group heads up to West Point Academy.

Upon arrival at the renowned West Point Academy, the group will begin their combined bus and walking tour which will tell the story of West Point, it's role in the Revolution and it's famous history along with stories about graduates who shaped our nation. The tour goes around the post with stops at the Main Cadet Chapel and the Trophy Point overlooking the Hudson River and the Plain. Be sure to bring your cameras on these stops to capture the beautiful fall photo opportunities at the Academy.



Following the tour of West Point, a delicious lunch will be served at the Thayer Hotel at West Point. The Thayer Hotel is a national treasure, visited by past US Presidents, international leaders and celebrities alike. Located on the hallowed ground of the Academy, this breathtaking hotel is like none other and is exclusively only open for lunch to visitors of West Point.

After lunch, the group will visit the historic Lyndhurst Mansion. Overlooking the Hudson River in Tarrytown, New York, is Lyndhurst, one of America's finest Gothic Revival mansions. The architectural brilliance of the residence, designed in 1838 by Alexander Jackson Davis, is complemented by the park-like landscape of the estate and a comprehensive collection of original decorative arts.

Following the Lyndhurst Mansion tour, attendees will be bused back to the Westin along the Hudson River. The guides will be available for any questions and comments that the group has. We hope you'll join us for this exciting tour!

Monday, October 15, 2012

Modern Museum of Art, Lunch and the Rose Planetarium

Time: 10:00 a.m. – 3:30 p.m.

Cost: \$225/person

Limit: 50 ppl

Price includes guided deluxe motor coach, docent tour at the MOMA, an exquisite lunch at Isabella on the upper west side, admission into the Natural History Museum and Rose Planetarium show.

Start off the morning with a private guided docent tour at the Museum of Modern Art (MOMA). The modernistic 1939 building on 53rd Street provides the perfect backdrop for its magnificent collection of 20th century art in all of its forms. Most every well-known 20th century artist is represented, often by the very best of his or her work. Take a highlight tour of this wonderful collection and enjoy a peaceful moment in the outdoor sculpture garden.

Next, enjoy lunch at Isabella; about as see-an-be-seen as the Upper West Side gets. The airy bi-level space is perfect for people watching, as is the patio, where diners overlook the Museum of Natural History while picking at dishes from a Mediterranean-American menu.

After lunch, the group will spend time at the restored Rose Center for Earth & Science at the American Museum of Natural History. With a collection of over 32 million specimens and artifacts, the American Museum of Natural History traces the history of our planet from prehistoric life to the existing cultures of the seven continents. The Rose Center for Earth & Science and the spectacular Hayden Planetarium makes this one of the finest natural history museums in the world.

Tuesday, October 16, 2012

Historic New Amsterdam Tour Afternoon September 11th Memorial

Time:

Morning New Amsterdam Tour:

9:00 a.m. – 1:00 p.m.

Lunch at Battery Gardens:

1:30 p.m. – 3:00 p.m.

9/11 Memorial:

3:30 p.m. – 4:30 p.m.

Cost: **OPTION A: \$195/person**

Limit: 20 ppl

Includes motor coach, morning "New Amsterdam Tour", lunch at Battery Gardens, 9/11 Memorial

Cost: **OPTION B: \$150/person**

Limit: 150 ppl

Includes motor coach, lunch at Battery Gardens, 9/11 Memorial

In the morning the spouses of the TCI will have the opportunity to learn how New York became what it is today; from Peter Minuet's purchase of Manhattan from the Native Americans, to becoming our nation's first capital, and onto what many consider to be the cultural and financial center of the world. Visit where the financial center sprung up during the British Occupation and established a commercial center, now the site of the New York Stock Exchange. Across the street, visit the exact spot where George Washington was sworn in as the President of the newly founded United States. You'll view some of the nation's finest Federal architecture in Greenwich Village and see where Abraham Lincoln delivered his famous Cooper Union address. You'll see the city's first skyscrapers and the newest in architectural marvels as the tour brings you up to date on the history of this exciting town.

Continues on next page.



The spouses will then head to the southernmost corner of Battery Park and meet up with the afternoon attendees of TCI members and spouses. The entire group will enjoy lunch at a Manhattan oasis, Battery Gardens. This restaurant, with sweeping panoramic views of glorious New York harbor, including historic Ellis Island and The Statue of Liberty, provides a relaxing retreat that delights the senses.

After lunch, the entire group will head to The National September 11th Memorial located on the site of the former World Trade Center complex where the Twin Towers once stood. The Memorial Park surrounds two square waterfalls – the largest man-made waterfalls in North America – which will cascade into reflecting pools finally disappearing into the footprints of the former Twin Towers. The names of victims who were lost in the 1993 bombing and 2001 attacks are etched in bronze along the edges of the pool.

[Wednesday, October 17, 2012](#)

Behind the Scenes Shopping Tour – Garment District Inside and Out!

Time: 9 a.m. – 1 p.m.

Cost: \$195/person

Limit: 20 ppl

Includes deluxe motor coach, professional tour guide, multiple stops at all of the premier shopping destinations in NYC.

If you enjoy shopping, you don't want to miss this tour! Shopping in New York is truly an art form, a fashion consultant has entrance to Garment Center showrooms where store buyers view the new collections each season. Showrooms are not usually open to the public, but our fashion expert has made exclusive arrangements for these "to the trade" establishments. Here, you are welcomed to buy varied apparel selections and accessories at wholesale or below. Along the way the fashion consultant will target the major fashion news and style trends advising on how to create several looks with accessory changes. Be sure to sign up early for this tour and go where the normal shopper can never go!

[Wednesday, October 17, 2012](#)

TCI Reception and Dinner Dance

Reception: 6:30 p.m. – 7:30 p.m.

Majestic Ballroom Foyer at the Westin Times Square

Dinner & Dance: 7:30 p.m. – 11:30 p.m.

Majestic Ballroom at the Westin Times Square

Attire: Cocktail

Cost: Free for members and 1 guest
\$100/additional guest

Come join the Robins and the rest of your TCI colleagues for a fun and entertaining conclusion to a fabulous meeting. The Dinner Dance will be hosted in the Majestic Ballroom of the Westin Times Square hotel. A fantastic dinner will be followed by a full night of dancing to the music of the "Only in America" Band. Bandleader Henry Haid is simply amazing as a pianist and singer. Henry played the part of Billy Joel on Broadway in 'Movin' Out' for 2.5 years! You won't want to miss this year's dinner dance!



QUESTIONS?

Contact the TCI Business Office
401 W. 15th Street, Austin, TX 78701
Phone: (512) 370-1553 Fax: (512) 370-1626

Laura Madole, Executive Director, Laura.Madole@texmed.org



MEETING SCHEDULE

Saturday, October 13, 2012

6:30 p.m. – 8:30 p.m. **See Who's Here Reception**
New York Atrium room
(9th floor) at the Westin
Times Square

Sunday, October 14, 2012

8:00 a.m. – 4:30 p.m. **Hudson River Tour**

6:30 p.m. – 7:30 p.m. **New Member Reception**
Nederlander room at the
Westin Times Square NYC

Monday, October 15, 2012

7:45 a.m. **Welcome and Introduction**
Scott Robins, M.D.

8:00 a.m. – 9:00 a.m. Jim Cheung, M.D.
Atrial Fibrillation

9:00 a.m. – 10:00 a.m. Susan Ball, M.D.
HIV/AIDS

10:00 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:15 a.m. Louis J. Aronne, M.D.
Obesity

11:15 a.m. – 12:15 p.m. Francesco Rubino, M.D.
Bariatric Surgery

12:15 p.m. – 1:15 p.m. **Lunch**

1:15 p.m. – 2:15 p.m. Dana Leifer, M.D.
Stroke

2:15 p.m. – 3:15 p.m. Ira Jacobson, M.D.
Hepatitis

3:15 p.m. – 3:30 p.m. **Break**

3:30 p.m. – 4:30 p.m. David Calfee, M.D.
**Healthcare-Associated
Infections**

5:30 p.m. – 7:00 p.m. **Board Meeting**

7:30 p.m. **Board Dinner**
Location TBD

Tuesday, October 16, 2012

7:45 a.m. **Welcome and Introduction**
Scott Robins, M.D.

8:00 a.m. – 9:00 a.m. Charles Maltz, M.D., Ph.D.
PPI's

9:00 a.m. – 10:00 a.m. James Hurley, M.D.
Graves Disease

10:00 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:15 a.m. Lisa Sammaritano, M.D.
Antiphospholipid Syndrome

Wednesday, October 17, 2012

7:45 a.m. **Welcome and Introduction**
Scott Robins, M.D.

8:00 a.m. – 9:00 a.m. Richard Bockman, M.D.
Vitamin D

9:00 a.m. – 10:00 a.m. Abraham Sanders, M.D.
TBC

10:00 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:15 a.m. Brian Landzberg, M.D.
Celiac Disease

11:15 a.m. – 12:15 p.m. Anne Moore, M.D.
Update Breast Cancer

12:15 p.m. – 1:15 p.m. **Lunch**

1:15 p.m. – 2:15 p.m. Nathaniel Hupert, M.D.
Bio-Terrorism

2:15 p.m. – 3:15 p.m. Robert Haley, M.D.
**Gulf War Illness: From Field
Epidemiology to Gene
Expression**

3:15 p.m. **Closing Remarks &
Adjournment**

6:30 p.m. – 7:30 p.m. **Dinner Dance Reception**
Majestic Ballroom foyer,
Westin Times Square NYC

7:30 p.m. – 11:30 p.m. **Dinner Dance**
Majestic Ballroom,
Westin Times Square NYC



401 W. 15th St.
Austin, TX 78701-1680

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Hotel Reservation Deadline

Friday, September 7, 2012

Important Information

Questions?

Contact the TCI Business Office
401 W 15th Street, Austin, TX 78701
Phone: (512) 370-1553
Fax: (512) 370-1626

Laura Madole, Executive Director
Laura.Madole@texmed.org

or
Jacie Scarborough, Admin Coordinator
Jacie.Scarborough@texmed.org

Important Dates

September 7, 2012 - Deadline to make hotel reservations at discounted rates at Westin.

* September 30, 2012 - Deadline to register for meeting. Onsite only after this date.

October 1, 2012 - Deadline to cancel meeting registration without penalty.

* August 31, 2012 - Deadline for Marriott Marquis

The TCI will no longer accept American Express credit cards.



2012 Fall Clinical Meeting

October 13-17, 2012

The Westin Times Square
New York, New York