

2024 FALL MEETING

100th
EST. 1924

ANNIVERSARY

TEXAS CLUB OF INTERNISTS

September 27-29
Hyatt Hill Country Resort and Spa
San Antonio, Texas

ONSITE
PROGRAM



Welcome FROM OUR PRESIDENT

WELCOME...as the Texas Club of Internists celebrates a monumental milestone – our 100-Year Anniversary! We are honored to have you for the 2024 Fall Clinical Meeting and Anniversary Celebration from September 27th to 29th here at the Hyatt Hill Country Resort & Spa in San Antonio.

This year's meeting promises to be extraordinary as we commemorate a century of excellence and camaraderie in internal medicine. We anticipate a high turnout of esteemed colleagues and friends of the Club, making this a truly memorable event.

We hope you enjoy the weekend of excellent CME and memorable moments!



-Steven Johnson, MD

CME Information

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and the Texas Club of Internists. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement:

The Texas Medical Association designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOW TO OBTAIN YOUR CME

A link will be sent to all attendees the week following the conference to input your CME credit through the TMA Knowledge Center and print your CME transcript. Please wait up to 10 business days for the CME link to be emailed.



TEXAS CLUB OF INTERNISTS

SOCIAL EVENTS



FRIDAY, SEPTEMBER 27

TEXAS CLUB OF INTERNISTS



6-8 pm: See Who's Here Welcome Reception

You definitely do not want to miss the See Who's Here welcome reception on Friday night as we highlight the evening with a very special TCI Centennial Documentary, created by award-winning film producer Robert Reese, and husband to TCI-Past President, Dr. Lucy Buencamino. The entertainment, and Club friendship, will highlight a memorable evening you will never forget!

SATURDAY, SEPTEMBER 28

9am- 3pm: Spouse's Hill Country Experience

This year's program includes a special morning presentation on the Six Pillars of Health, as well as Luncheon Keynote Speaker Jill Conner Browne, national best selling author of the Sweet Potato Queens! (We highly encourage you to pick up a copy of the SPQ Book of Love for a book signing after lunch!) Wrap up the day with a Windflower Spa sugar scrub mix to indulge in continued relaxation when you get home.



6pm - 10pm: Centennial Dinner & Celebration

Join Club friends from across the state with a once-in-a-lifetime 100-Year Anniversary celebratory evening as the TCI commemorates this special organization, esteemed colleagues and memorable moments. A light reception will be hosted with a plated dinner to follow. As our theme for this year is one of celebration, glitter and glam, our DJ will be highlighting TCI favorites from across the years! (Cocktail attire encouraged, but not required! Please come regardless of your bling!)



Let's Celebrate 100 Years of TCI!

Join Club friends from across the state with a once-in-a-lifetime 100-Year Anniversary celebratory evening as the TCI commemorates this special organization, esteemed colleagues and memorable moments. A light reception will be hosted with a plated dinner to follow. As our theme for this year is one of celebration, glitter and glam, our DJ will be highlighting TCI favorites from across the years! (Cocktail attire encouraged, but not required! Please come regardless of your bling!)



SATURDAY, SEPTEMBER 28
6PM – Reception
7PM – Dinner and Dancing
At The Hyatt Hill Country Resort & Spa



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TEXAS CLUB OF INTERNISTS

TCI 2024 Fall Meeting at The Hyatt Hill Country Resort and Spa, San Antonio: Sept. 27 - 29

Friday, Sept. 27

TIME	SESSION/EVENT	TITLE	LOCATION
3PM - 5PM	Board of Directors Meeting	TCI Board of Directors Meeting	BRADY
5:45PM - 6PM	REGISTRATION	Check-in and Badge Pick Up	LUCKENBACH PAVILION
6PM - 8PM	WELCOME RECEPTION	<i>See Who's Here & TCI 100 Year Anniversary Special Tribute Heavy apps and cocktails.</i>	

Saturday, Sept. 28

TIME	SESSION/EVENT	TITLE	SPEAKER	LOCATION
7:00AM - 4PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	Laura Weiss	INDEPENDENCE FOYER
7:00AM - 4PM	EXHIBITS OPEN	Exhibit Walk		INDEPENDENCE FOYER
7:00AM - 8:00AM	BREAKFAST	CONTINENTAL BREAKFAST		INDEPENDENCE 3
9AM - 3:15PM	Spouse Activities	Spouse's Hill Country Experience (with Luncheon and Special Guest Speakers)		KERRVILLE PRIVATE DINING
8AM - 8:10AM	Opening Remarks	Welcome from Steve Johnson, TCI President	Steve Johnson, MD	INDEPENDENCE 1-2
8:10AM - 8:30AM		Updates in Hypothyroidism	Joe Becker, MD	INDEPENDENCE 1-2
8:30AM - 9AM		Psoriasis - Updates in Treatment	Emily Becker, MD	INDEPENDENCE 1-2
9AM - 9:30AM		NASH Non-alcoholic Fatty Liver	Eric Lawitz, MD	INDEPENDENCE 1-2
9:30AM - 10AM		Parkinson's Disease	Juan Ramirez, MD	INDEPENDENCE 1-2
10AM - 10:30AM	BREAK	BREAK and EXHIBIT HALL TIME		INDEPENDENCE FOYER
10:30AM - 11AM		Updates in Stroke Treatment	Chinedu Obi, MD	INDEPENDENCE 1-2
11AM - 12PM		Keynote Lecture Pathophysiology of Gulf War Illness	Robert Haley, MD	INDEPENDENCE 1-2
12PM - 1:45PM	LUNCH BREAK	TCI BUSINESS MEETING & LUNCHEON		INDEPENDENCE 3
1:45PM - 2:30PM		Advances in Migraine Treatment - Pt2	Santiago Restrepo, MD	INDEPENDENCE 1-2
2:30PM - 3PM		Coronary CT Angiography and The Triple Rule Out Exam	Mike Lane, MD	INDEPENDENCE 1-2
3PM - 3:10PM		2025 Meeting Previews	Tim Hernandez, MD	INDEPENDENCE 1-2
3:10PM - 3:45PM	BREAK	BREAK and EXHIBIT HALL TIME		INDEPENDENCE FOYER
3:45PM - 4:15PM		Advancements in Bone Marrow Transplant	Paul Shaughnessy, MD	INDEPENDENCE 1-2
4:15PM - 4:45PM		TCI Legends - Memory Lane	Moderated by Steve Johnson	INDEPENDENCE 1-2
4:45PM		ADJOURN for SATURDAY		
6PM - 7PM	Dinner Dance Reception	TCI'S 100 YEAR ANNIVERSARY DINNER DANCE		INDEPENDENCE LAWN
7PM - 10PM	Dinner Dance			INDEPENDENCE 5

Sunday, Sept. 29

TIME	SESSION/EVENT	TITLE	SPEAKER	LOCATION
7:30AM - 9:30AM	BREAKFAST	CONTINENTAL BREAKFAST		INDEPENDENCE 3
8AM - 11AM	EXHIBITS OPEN	Exhibit Walk		
8:30AM - 9:15AM		Hot Topics in Cardiology	Cara East, MD	INDEPENDENCE 1-2
9:15AM - 10AM		Gastroenterology Updates	Joe Shelton, MD	INDEPENDENCE 1-2
10AM - 10:30AM	BREAK	BREAK and EXHIBIT HALL TIME		INDEPENDENCE FOYER
10:30AM - 10:45AM		Updates in Social Media & Website Review	Laura Weiss	INDEPENDENCE 1-2
10:45AM - 11:45PM		Medical Ethics Considerations and the Use of AI (Ethics)	Claudia Hura, MD	INDEPENDENCE 1-2
11:45AM		Closing Remarks from Steven Johnson, MD		

TCI SPOUSES' HILL COUNTRY EXPERIENCE

Saturday, Sept. 28, 2024
in Kerrville Private Dining

TIME	TITLE
8:30AM - 9AM	Morning Meditation (Chair Style) Provided by Hyatt Hill Country Windflower Spa
9AM - 9:10AM	Welcome from Judy Johnson TCI Member Spouse
9:10AM - 10:30AM	TCI Spouse Fellowship with a Club update from Laura Weiss, TCI Executive Director
10:30AM - 11:30AM	Guest Lecture: The 6 Pillars of Health Presented by Michelle Langley, MA, LPC <i>Ahava Wellness®</i>
11:30AM - 11:45AM	BREAK
11:45AM - 1:30PM	TCI SPOUSE LUNCHEON EXPERIENCE with KEYNOTE SPEAKER JILL CONNER BROWNE #1 NY Times Best Selling Author of the Sweet Potato Queens® <i>(Book signing ~ if you bring yours ~ will immediately follow.)</i>
1:45PM - 3PM	Hyatt HC - Windflower Spa Blend Bar (Activity) <i>Choose a lotion or scrub for blending your personal gift!</i>
3PM - 3:15PM	TCI 2025 Fall Meeting Preview
3:15PM	Conclusion

THE TCI FOUNDATION *Fostering Knowledge and Philanthropy to Enhance Quality Health Care in Texas*

The TCI Foundation is a non-profit 501c(3) organization that operates exclusively for educational and charitable purposes in support of the TCI. Charitable giving to the TCIF supports increased revenue for the TCI so that the Club can continue to offer high caliber educational biannual meetings and fund outstanding speakers, while also providing additional support to the TCI membership for professional continuous improvement in the field of Internal Medicine.

The TCI Foundation seeks to support the TCI and the 2024 Fall Clinical Meeting through a financial grant that will enhance ongoing educational objectives for the TCI membership. Additional details on this generous partnership will be provided at the TCI's Fall Business Meeting, which all members are encouraged to attend.

The TCI would like to recognize the TCI Foundation in their exceptional commitment to their mission, as well as to those who continue to give. Thank you!

Ahava

WELLNESS



Michelle Langley, MA, LPC

Don't Miss Michelle and
the 6 Pillars of Health
at the Spouses' Social!

- ◆ The demands of daily life can lead to overwhelming stress, anxiety, and burnout. Ahava Wellness offers a tailored approach to help you navigate these challenges with ease. Through holistic practices including mindfulness, nutrition, and personalized wellness plans, we provide the tools you need to regain balance, restore calm, and elevate your well-being. Invest in yourself and discover a healthier, more fulfilling way to live.

- ◆ Contact Michelle to learn more about Ahava Wellness at michelle@ahavawellness.org ◆◆



www.ahavawellness.org

2024 - 25 EXECUTIVE COMMITTEE

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Theresa Brown, DO and Amber Lesley, MD

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Rainer Khetan, MD and Roger Khetan, MD

SOUTHWESTERN DISTRICT CHAIR:

Timothy Hernandez, MD

(East Coastal and Western District Chair
positions are currently open.)

TCI EXECUTIVE OFFICE

EXECUTIVE DIRECTOR: Laura Weiss
(laura@texasclubofinternists.org)

A special
Thank You
to our Sponsors!

GSK

and the

TEXAS CLUB OF INTERNISTS FOUNDATION



TEXAS CLUB OF INTERNISTS